

Suppressing Hawking radiation by quantum Zeno effect

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We present evidence that quantum Zeno effect, otherwise working only for microscopic systems, may also work for large black holes (BH's). The expectation that a BH geometry should behave classically at time intervals larger than the Planck time t_{P1} indicates that the quantum process of measurement of classical degrees of freedom takes time of the order of t_{P1} . Since BH has only a few classical degrees of freedom, such a fast measurement makes a macroscopic BH strongly susceptible to the quantum Zeno effect, which repeatedly collapses the quantum state to the initial one, the state before the creation of Hawking quanta. By this mechanism, Hawking radiation from a BH of mass M is strongly suppressed by a factor of the order of m_{P1}/M .

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Introduction.—Fast-repeated measurements of a quantum unstable system may prevent its decay and thus stabilize it, by the mechanism known as quantum Zeno effect [1–4]. As for most other quantum phenomena, it is typical for quantum Zeno effect that it works for microscopic systems, not for the macroscopic ones.

In this paper, however, we present evidence that black hole (BH) may be an exception. BH geometry of a large black hole obeys classical laws, while classicality is a consequence of fast measurement of classical properties, due to which a quantum superposition collapses to a state in which classical observables have definite values. Quantum mechanically, black hole is unstable owing to the Hawking radiation [5]. We find that the quantum Zeno effect induced by fast measurement of classical BH observables strongly suppresses creation of Hawking radiation, with suppression being stronger when the black hole is bigger.

Of course, staring at a macroscopic piece of material containing 10^{23} atoms in unstable excited states will not stop the decay of atoms. Essentially, this is because different atoms decay independently, and in practice one cannot monitor 10^{23} independent degrees of freedom. In the laboratory, quantum Zeno effect works if the observation is applied to a single atom, or at best to a relatively small number of them.

But how then the quantum Zeno effect may work for the macroscopic black hole, having a large number of degrees of freedom? Indeed, the number of degrees of freedom may be counted by the BH entropy

$$S \sim A/l_{\text{P1}}^2 \sim R^2/l_{\text{P1}}^2 \sim M^2/m_{\text{P1}}^2, \quad (1)$$

where A is the BH surface, R is the BH radius, $M \sim Rm_{\text{P1}}^2$ is the BH mass, l_{P1} is the Planck length, $m_{\text{P1}} = 1/l_{\text{P1}}$ is the Planck mass, and we use units in which Planck constant, velocity of light, and Boltzmann constant are set to unity: $\hbar = c = k_{\text{B}} = 1$. The entropy (1) is very large for macroscopic black holes with $M \gg m_{\text{P1}}$,

so at first sight it may seem that quantum Zeno effect cannot work for macroscopic black holes.

However, most of these degrees of freedom are irrelevant for Hawking radiation. Instead, Hawking radiation depends only on a few classical degrees of freedom [5]; mass, charge, and angular momentum of the black hole *as a whole*. In this sense Hawking radiation is *not* like a radiation from a box containing many independent atoms in excited states. Instead, it is more like a radiation from a *single* atom. But at the same time, a typical black hole is much bigger than an ordinary atom, so it may interact with a much larger number of environment degrees of freedom. The interaction with a larger number of environment degrees implies a faster process of decoherence and hence a faster process of measurement [2, 6], which strongly suggests that the measurement of the relevant BH degrees of freedom is much faster than for ordinary atoms. In this way, the remarkable BH property of being both macroscopic (by size and mass) and microscopic (by the small number of classical degrees of freedom) makes black holes extremely susceptible to the quantum Zeno effect.

In the rest of the paper we put these qualitative arguments into a more quantitative form. In the absence of a complete quantum theory of gravity, however, a lot of quantitative arguments will rely on the order-of-magnitude estimates.

Quantum Zeno effect.—Let us first outline how the quantum Zeno effect works for ordinary quantum systems [1–4]. Initially, let the system be in an unstable state $|\Psi_0\rangle$, and let $P_0(t)$ denote the survival probability of remaining in the initial state. For a sufficiently long time t , the survival probability $P_0(t)$ obeys the exponential law $P_0(t) = P_\gamma(t)$, where

$$P_\gamma(t) \equiv e^{-\gamma t}. \quad (2)$$

This exponential law is valid when there are no measurements before t , but how can measurements change it? For simplicity, suppose that during the time t there was N instantaneous measurements occurring at times nt/N , $n = 1, \dots, N$, with equal periods t/N of free evolution between the measurements. If the time t/N

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is sufficiently long so that the exponential law (2) is still valid, then the survival probability after time t is $P_0(t) = [P_\gamma(t/N)]^N = e^{-\gamma t}$, which does not differ from (2).

But what if t/N is so small that the exponential law is not valid? The expansion of (2) for small t leads to a *linear law*

$$P_\gamma(t) \simeq 1 - \gamma t, \quad (3)$$

so with N measurements the survival probability is

$$P_0(t) = (1 - \gamma t/N)^N \xrightarrow{N \rightarrow \infty} e^{-\gamma t}, \quad (4)$$

naively suggesting that the exponential law is valid even for very large N , corresponding to the very small t/N .

However, the linear law (3) for very short times is actually wrong. (The short-time expansion of a function valid for long times does not need to lead to a correct result for short times.) To find the correct law, one must start from first principles. If H is the relevant Hamiltonian, including the interaction which makes the system in the initial state $|\Psi_0\rangle$ unstable, then the state at time t has the form

$$|\Psi(t)\rangle = e^{-iHt}|\Psi_0\rangle = c_0(t)|\Psi_0\rangle + \sum_{k \neq 0} c_k(t)|\Psi_k\rangle, \quad (5)$$

where $c_k(t) = \langle \Psi_k | \Psi(t) \rangle = \langle \Psi_k | e^{-iHt} | \Psi_0 \rangle$, and each $|\Psi_k\rangle$ for $k \neq 0$ is a possible decayed state. Thus the short-time expansion gives

$$\begin{aligned} c_0(t) &= \langle \Psi_0 | e^{-iHt} | \Psi_0 \rangle \\ &\simeq 1 - it \langle \Psi_0 | H | \Psi_0 \rangle - \frac{t^2}{2} \langle \Psi_0 | H^2 | \Psi_0 \rangle, \end{aligned} \quad (6)$$

so

$$P_0(t) = c_0^*(t)c_0(t) \simeq 1 - t^2(\Delta H)^2, \quad (7)$$

where

$$(\Delta H)^2 = \langle \Psi_0 | H^2 | \Psi_0 \rangle - \langle \Psi_0 | H | \Psi_0 \rangle^2. \quad (8)$$

The uncertainty of energy ΔH is non-zero whenever $|\Psi_0\rangle$ is unstable, for if the uncertainty were zero, then $|\Psi_0\rangle$ would be an eigenstate of the Hamiltonian H and hence would be stable.

Unlike (3), (7) is *quadratic* in time! Hence, if now we introduce measurements, the survival probability is not given by (4), but by

$$P_0(t) = [1 - (\Delta H)^2(t/N)^2]^N \simeq 1 - N(\Delta H)^2(t/N)^2. \quad (9)$$

We see that $\lim_{N \rightarrow \infty} P_0(t) = 1$, so in this limit the initial state $|\Psi_0\rangle$ survives with *certainty*. In other words, a continuous measurement prevents the decay of the system, which otherwise would decay if the measurement was absent. This is the quantum Zeno effect.

Of course, a realistic measurement cannot be perfectly continuous because each measurement lasts a finite time

t_{meas} , given by the time needed for the process of decoherence [2, 6]. So in practice, the quantum Zeno effect is efficient when t_{meas} is much shorter than the Zeno time

$$t_{\text{Zeno}} = 1/\Delta H. \quad (10)$$

Let us recapitulate the main assumptions that were used to get an efficient quantum Zeno effect. First, the number of degrees of freedom relevant for the quantum decay must be small. (Otherwise, it is hard to measure them.) Second, the short-time evolution of the system in the absence of measurement is a unitary evolution governed by a time-independent Hamiltonian. Third, the measurement must be sufficiently fast, so that

$$t_{\text{meas}} \ll t_{\text{Zeno}}. \quad (11)$$

In the following we shall explain how all three assumptions get satisfied for black holes.

Number of relevant degrees of freedom.—Owing to the classical BH no-hair theorems [7, 8], an arbitrary initial black hole soon settles down to a stationary black hole characterized by only a few degrees of freedom: mass, charge, and angular momentum. (All other classical degrees of freedom are radiated away by gravitational waves.) Hawking radiation, derived from the assumption of a stationary classical BH background [5], depends only on these three quantities. Thus, these three classical degrees of freedom are the only BH degrees of freedom which are relevant for Hawking radiation.

The fact that the black hole contains only a few relevant degrees of freedom can also be confirmed by a semi-classical thermodynamic argument. For that purpose, let us temporarily ignore the quantum Zeno effect. Then, far from the horizon, the Hawking radiation makes the black hole look like a black body of volume $V = 4\pi R^3/3$ having the Hawking temperature [5]

$$T_{\text{H}} = \frac{m_{\text{Pl}}^2}{8\pi M}. \quad (12)$$

To give an effective description of this radiation, one may ignore gravity and model black hole as a box of volume V filled with nothing but free Hawking particles at temperature $T = T_{\text{H}}$. The corresponding effective BH entropy is given by standard non-gravitational statistical physics [9]

$$S_{\text{eff}} = \frac{\partial(T \ln Z)}{\partial T}, \quad (13)$$

where (for a single particle species)

$$\ln Z = Vg \int \frac{d^3p}{(2\pi)^3} \frac{1}{1 - e^{-\omega/T}}, \quad (14)$$

$\omega = \sqrt{\mathbf{p}^2 + m^2}$, and $g \sim 1$ is a spin factor. Hawking radiation consists mainly of massless particles, so we can take $m = 0$. Therefore the integral in (14) is of the order of T^3 , so (13) with $T = T_{\text{H}}$ gives

$$S_{\text{eff}} \sim VT^3 \sim R^3 T_{\text{H}}^3 \sim (M/m_{\text{Pl}}^2)^3 (m_{\text{Pl}}^2/M)^3 = 1. \quad (15)$$

The fact that this effective entropy is of the order of unity confirms that only a few degrees of freedom are relevant for Hawking radiation.

Note that (15) is much smaller than (1), which can be easily understood from the BH thermodynamic relation $dS = dM/T$ and the fact that the BH mass M can *not* be modeled by a box containing nothing but free Hawking particles at temperature T_H . Nevertheless, such an effective model is appropriate for a description of thermal black-body *radiation*. As known from standard non-gravitational statistical physics, two black bodies with the same T and V radiate equally, even if they have very different masses or thermal energies.

Unitarity and measurement.—Hawking radiation is in a possible conflict with unitarity for very long times, during which the black hole suffers a significant decrease of mass [10–14]. But for shorter times, the description based on Bogoliubov transformation is fully unitary [15], owing to the entanglement between outside and inside Hawking particles. In addition, all treatments of Hawking radiation take for granted that backreaction provides energy conservation. This short-time unitarity and energy conservation imply that the short-time evolution can be described by (5) with an effective time-independent Hamiltonian $H = H_{\text{eff}}$. Similarly to the effective entropy (15), the effective Hamiltonian does not describe all degrees of freedom, but only those which are relevant for Hawking radiation. The states $|\Psi_k\rangle$ in (5) can be chosen to be the free-Hamiltonian eigenstates [16]

$$|\Psi_k\rangle = |M - E_k\rangle |E_k\rangle, \quad (16)$$

where $|E_k\rangle$ is a state of Hawking radiation with energy E_k , M is the initial BH mass, and $|M - E_k\rangle$ is a BH state with mass $M - E_k$. Likewise, $|\Psi_0\rangle = |M\rangle |0\rangle$. For relatively long times (but still short enough so that the BH temperature has not changed much), $c_k \propto e^{-E_k/2T_H}$ [16].

The state (5) with (16) involves a superposition of BH states with different values of masses. But a classical BH state has a definite mass. Since macroscopic BH geometry behaves classically, this means that (5) “collapses” to one of the states with a definite mass. The “collapse” is caused by measurement, which can be viewed as entanglement with the environment degrees of freedom which perform the measurement [2, 6]. This means that (16) modifies to

$$|\Psi_k\rangle = |M - E_k\rangle |\mathcal{E}_{M-E_k}\rangle |E_k\rangle, \quad (17)$$

where $|\mathcal{E}_{M'}\rangle$ is a state of environment corresponding to a situation in which the BH mass is measured to have the value M' . In particular, $|\mathcal{E}_{M'}\rangle$ contains information about classical geometry surrounding the black hole. A more complete description of measurement involves also a measurement of BH charge Q and angular momentum J , leading to the environment states of the form $|\mathcal{E}_{M'Q'J'}\rangle$.

The small-energy resolution problem.—For the quantum Zeno effect to work, the measurement of BH mass

must be able to distinguish different BH masses. This means that the state $|\mathcal{E}_{M-E_k}\rangle$ must be sufficiently different from the state $|\mathcal{E}_M\rangle$. But typical E_k is of the order of T_H , which is a very small energy. Far from the horizon, such small differences of the BH mass cannot be resolved.

Nevertheless, they can be resolved near the horizon. This is because a Hawking particle, having a small redshifted energy $E_k \sim T_H$ far from the horizon, has a large trans-planckian energy close to the horizon. Hence, assuming that measurement makes geometry classical even close to the horizon, different states in (5) can be resolved despite the fact that the temperature measured far from the horizon is very small.

We have argued that radiation from a black hole is similar to radiation from a single atom. However, there is one important difference between atoms and black holes, that works against efficiency of the quantum Zeno effect for black holes. Unlike radiation from an atom, Hawking radiation from a macroscopic black hole has a continuous energy spectrum. In particular, the energy of the Hawking particle can be arbitrarily small. Even close to the horizon, the Hawking particle may be created with an arbitrarily small energy. Such arbitrarily small energies cannot be resolved by the measurement, implying that quantum Zeno effect cannot stop creation of Hawking particles with such small energies near the horizon. This certainly decreases the efficiency of the quantum Zeno effect.

Nevertheless, this does not change the fact that the quantum Zeno effect suppresses Hawking radiation significantly. Namely, Hawking particle created with such a small energy near the horizon will have an even smaller energy far from it. In this way, particles for which the quantum Zeno effect will not work will escape with energies $E_k \ll T_H$. As a consequence, even though there will be some radiation from the black hole, the intensity of radiation will be much smaller than predicted by the standard Hawking analysis.

Typical time scales.—What is the typical time scale t_{meas} needed to perform a measurement of classical BH observables such as mass? To answer that question, in principle one would need a complete theory of quantum gravity. But even in the absence of such a theory, it is not difficult to estimate the order of magnitude. It is widely expected that quantum theory of gravity can be approximated by the classical theory for times longer than the Planck time $t_{\text{Pl}} = 1/m_{\text{Pl}}$. On the other hand, we have seen that classicality of gravity is a consequence of measurement of the classical gravitational observables. Hence

$$t_{\text{meas}} \sim t_{\text{Pl}}. \quad (18)$$

This indeed is a very short time, which is needed for the quantum Zeno effect to work.

More precisely, the quantum Zeno effect needs the condition (11). Thus we need to show that t_{Pl} is much shorter than $1/\Delta H$ in (10), so we need to determine the

value of ΔH . Since $H = H_{\text{eff}}$ is the effective Hamiltonian describing only those degrees of freedom which are relevant for Hawking radiation, ΔH can be estimated by an analysis similar to the one which we used to obtain (13)-(15). By viewing black hole as a box filled with free particles at temperature T , the uncertainty ΔH can be identified with the uncertainty of energy due to the thermal fluctuations inside the volume V . The thermal average of the n 'th power of thermal energy is [9]

$$\langle E^n \rangle = Vg \int \frac{d^3p}{(2\pi)^3} \frac{\omega^n}{e^{\omega/T} - 1}. \quad (19)$$

The integral in (19) for massless particles is of the order of T^{3+n} , so

$$\begin{aligned} \langle E^n \rangle &\sim VT^{3+n} \sim R^3 T_{\text{H}}^{3+n} \\ &\sim (M/m_{\text{Pl}}^2)^3 (m_{\text{Pl}}^2/M)^{3+n} = (m_{\text{Pl}}^2/M)^n. \end{aligned} \quad (20)$$

Hence $\langle E^2 \rangle \sim \langle E \rangle^2 \sim (m_{\text{Pl}}^2/M)^2$, so

$$(\Delta E)^2 = \langle E^2 \rangle - \langle E \rangle^2 \sim (m_{\text{Pl}}^2/M)^2. \quad (21)$$

Therefore (10) is estimated to be

$$t_{\text{Zeno}} \sim \frac{1}{\Delta E} \sim \frac{1}{m_{\text{Pl}}} \frac{M}{m_{\text{Pl}}} = t_{\text{Pl}} \frac{M}{m_{\text{Pl}}}, \quad (22)$$

which is much larger than (18). This shows that the condition (11) is fulfilled.

For a comparison, we also need to know the time scale

$$t_\gamma = 1/\gamma \quad (23)$$

in (2). Since this time is relevant when the quantum Zeno effect is not present, we determine it by considering Hawking radiation in the absence of quantum Zeno effect. For long times, Hawking radiation can be described as a continuous process, during which the black hole loses mass at the rate [14, 17]

$$\frac{dM}{dt} \sim -\frac{m_{\text{Pl}}^4}{M^2}. \quad (24)$$

But at shorter times the radiation is better viewed as a series of discrete quantum jumps, where black hole loses mass of the order $\Delta M \sim -T_{\text{H}}$ in a typical jump. Hence we write (24) in a discretized form

$$\Delta t \sim -\Delta M \frac{M^2}{m_{\text{Pl}}^4} \sim T_{\text{H}} \frac{M^2}{m_{\text{Pl}}^4}, \quad (25)$$

which is the typical time needed for one jump to occur. When a jump occurs then the system ceases to be in the initial state, so from (2) and (23) we see that $t_\gamma \sim \Delta t$. Therefore

$$t_\gamma \sim T_{\text{H}} \frac{M^2}{m_{\text{Pl}}^4} \sim \frac{m_{\text{Pl}}^2}{M} \frac{M^2}{m_{\text{Pl}}^4} = t_{\text{Pl}} \frac{M}{m_{\text{Pl}}}, \quad (26)$$

which is the same order of magnitude as (22).

Suppression of Hawking radiation.—Now we can finally estimate how much the Hawking radiation is suppressed by the quantum Zeno effect. The probability that decay will happen during the time t is

$$p(t) = 1 - P_0(t). \quad (27)$$

In the absence of quantum Zeno effect this is determined by the value of γ in (2), so (27) for short times is equal to

$$p_\gamma(t) \simeq \gamma t = \frac{t}{t_\gamma} \sim \frac{m_{\text{Pl}}}{M} \frac{t}{t_{\text{Pl}}}. \quad (28)$$

On the other hand, when the quantum Zeno effect is present then $P_0(t)$ is given by (9), so in this case (27) is equal to

$$p_{\text{Zeno}}(t) \simeq (\Delta H)^2 t^2 / N. \quad (29)$$

The number of measurements at time t is

$$N = \frac{t}{t_{\text{meas}}} \sim \frac{t}{t_{\text{Pl}}}, \quad (30)$$

while $\Delta H \sim \Delta E$ is given by (21). Therefore (29) is

$$p_{\text{Zeno}}(t) \sim \left(\frac{m_{\text{Pl}}}{M}\right)^2 \frac{t}{t_{\text{Pl}}}. \quad (31)$$

The strength of the suppression by the quantum Zeno effect is given by the ratio between the decay probability (31) with the Zeno effect and the decay probability (28) without the Zeno effect. The results above show that this ratio is

$$\Gamma \equiv \frac{p_{\text{Zeno}}(t)}{p_\gamma(t)} \sim \frac{m_{\text{Pl}}}{M}. \quad (32)$$

This is a very small number for a macroscopic black hole with $M \gg m_{\text{Pl}}$, showing that the suppression of radiation by the quantum Zeno effect is very strong. Moreover, the suppression is stronger when M is larger, i.e., when the black hole is bigger. In contrast with the usual expectations about quantum phenomena, *the more macroscopic black hole is, the more efficient quantum Zeno effect becomes.*

We have also seen that quantum Zeno effect is not efficient for particles which escape with sufficiently small energy $E_k \ll T_{\text{H}}$. This means that Γ is not a constant, but a function $\Gamma(E_k)$ with the properties $\Gamma(0) = 1$, $\Gamma(E_k) \sim m_{\text{Pl}}/M$ for $E_k \gtrsim T_{\text{H}}$.

The result $\Gamma(E_k) \neq 1$ means that radiation from the black hole is not a black-body radiation at temperature T_{H} . Instead, $\Gamma(E_k)$ can be viewed as a grey-body factor, which modifies BH radiation in a way similar to the grey-body factors coming from other physical mechanisms (see e.g. [5, 14, 17]).

Conclusion.—Typically, quantum Zeno effect is a microscopic effect, working when a small number of relevant degrees of freedom of an unstable system is frequently measured, due to which the decay of the unstable

system is suppressed. We have presented evidence that black hole, being a macroscopic system with only a few degrees of freedom relevant for Hawking radiation, is a macroscopic system for which the quantum Zeno effect is very strong. The measurement of classical observables of a macroscopic black hole at the time scale of the or-

der of Planck time drives the quantum Zeno effect, which strongly suppresses creation of Hawking radiation.

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